

CHILD AND YOUTH SERVICES SPECIAL DIET STATEMENT

(as of 19 June 2007)

Name of Child/Youth:	Date of Birth:
Parent Name:	Parent Telephone Number:
Name of Center:	Telephone Number of Center:
Address of Center:	

<p>Dear Parent/Guardian: This Child/Youth Services (CYS) program participates in the Child and Adult Care Food Program (CACFP) and must serve meals and snacks meeting the CACFP requirements. Food substitutions may be made only when supported by a medical physician. The physician must specify, in writing, the food to be omitted from the participant's diet and the food or choice of foods that may be substituted to meet your child's nutritional requirements. Please ask a physician to complete and sign this form. Return the completed form to your CYS program or Central Enrollment and Registration as applicable.</p>		
List the foods to be omitted from the diet and foods that may be substituted		
Foods to be omitted	Reaction (if applicable)	*Allowed Substitutions
List any additional instructions or requirements (i.e. epipen intervention, etc)		
I certify that the above participant must be provided a special diet or requires special accommodations as indicated above.		
Printed Name		Title
Physician Signature and STAMP		Date

CLERIC'S STATEMENT FOR RELIGIOUS FOOD PREFERENCE

The following child may not consume certain foods due to the family's religious beliefs. This child is a participant in the USDA Child Care Food Program which provides federal funding for nutritious meals in child care programs. Patrons who request food substitutions for religious reasons are required by federal regulation to have a statement from a representative of their religious institution on file with the child care provider. Food child cannot consume for religious reasons should be specified above.

 Signature of Representative of Religious Institution

PHOTO RELEASE CONSENT

In an effort to ensure **CYS staff/volunteers** working with your child have knowledge of your child's special diet information, we recommend adding your child's photo to our posted special diet listing.

_____ Yes, please post my child's photo with the special diet listing.

_____ No, I would prefer my child's photo not be posted.

Parent Name: _____ Parent Signature: _____

** Common food substitutions provided as a courtesy on reverse of this form*

Food Allergy	Essential Food Component Missing	Food Substitutions
Milk (Lactose Intolerant)	Calcium	Soy/Rice Milk and products/Lactose Free Milk
Dairy Product	Calcium	Soy products (cheese, yogurt)
Eggs	Protein	Cheese
Pork	Protein	Beef, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, tofu, soybeans, soy-based "meat" selections
Chicken/Turkey	Protein	Beef, pork, seafood, nuts, seeds, beans, legumes, cheese, yogurt, soy-based "meat" selections
Beef	Protein	Pork, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, soy-based "meat" selections
Seafood	Protein	Beef, chicken, turkey, nuts, seeds, beans, legumes, cheese, yogurt, soy-based "meat" selections
Strawberries	Vitamin C, potassium, dietary fiber,	Apples, oranges, pears, peaches, plums, melons
Peanuts/Peanut Butter/Nuts	Protein, vitamin E, niacin, folic acid	Beans, legumes, soy nut butter, Cheese
Apple Juice	Vitamin C, dietary fiber	100% Orange, grape, grapefruit juices; no juice blends
Orange Juice	Vitamin C, dietary fiber, folic acid, potassium	100% apple, grape, grapefruit juices; no juice blends
Oatmeal	Dietary fiber, Folic Acid, Carbohydrates	Corn, potato, soy, wheat and rice flours and arrowroot starch, Cereal: corn flakes, rice crispies.
MSG	N/A	Garlic salt/powder , onion salt/powder, Lawry's season salt, all other single spices (i.e. thyme, rosemary, etc)
Wheat	Carbohydrates, Folic Acid, Dietary fiber	Corn, potato, oat, soy and rice flours and cereal made from these items and arrowroot starch.
Soy products	Protein	Beef, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, pork